

The Gifts of Grief

A FILM BY NANCEE SOBONYA

The Gifts of Grief is a compelling documentary that explores how a unique group of people embraced their pain, learned to live with their loss, and are now engaging in life with more compassion, courage, and awareness. Told through personal and moving stories of seven remarkable people including author, Isabel Allende; Reverend Cecil Williams; Zen monk Vietnam veteran, Claude Anshin Thomas; writer, Alana Laraine; youth trainer, Vinny Ferraro; and filmmaker, Lee Mun Wah; the film invites us to open to pain and discover for ourselves the extraordinary possibilities our own losses may reveal.







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